List of Organs, Glands, & Systems to Test for Emotionally Based Allergies

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Patient / Client Name_____❖Date:___/___/___❖Basal Temp.: _____L / H❖Blood Pressure:___/___

Begin by muscle testing *How Many* Organs, Glands, Systems, Including Nerves, Fat and Cellulite, Brain, Bones, Lymph, etc.
Need or are Ready to be Cleared - Today? ❖ Today's Quota:_____ # 1,2,3 by Priority - ❖ Ck: Sleep Disorders? Y / N

Check Individually: Allergies; Resistances; Degeneration; Bound Up Resources & Receptors; Antibodies, Conversion Dysfunction; Free Radicals; Enzyme Dysfunction; Toxins: Organic, Synthetic Chemicals & Heavy Metals; Neurotoxins; Nanobacterias; Mycotoxins; Infections: Bacterial, Viral, Fungal & Parasitical; Nutritional Deficiencies

Organs:	#	**Glands, Valves & Ducts**	#
Brain, **B. Stem**,Frontal Lobe,Neuron Connect'ns, **B. Chem.'s**		Adrenals, Adrenal Cortex, Thyroid, **<R> Hormones**, Parathyroid, Hypothalamus:Ant/Post Thymus, Parotid, Pituitary, Ant. Pituitary & Pineal / Valves & Ducts	
Heart, Heart Valves, Heart Arteries and Veins			
Lungs, Bronchi, Larynx, Trachea, Lining of Lung		**Cellular Processes:**	
Liver, Ducts, Islets, & Gallbladder - **| Ck: DETOX-needed?**		Mitochondria (dysfunction) Receptors, and eukaryotes, and within the cytoplasm in prokaryotes. Adiponectin, **Paraaminobenzoic acid (PABA), Pyruvate dehydrogenase,** , Diethylaminoethanol (DEAE) and Acetyl-CoA, Coenzyme A, **Coenzyme Q, Selenoenzyme Enz.,** Oxidative phosphorilation processes diminution **Cycles:** Krebs/Citric Acid/ Tricarboxylic acid cycle/ TCA/ Ornithine citrulline arginine cycle = Synonyms. The citric acid cycle forms part of carbohydrate catabolism, protein catabolism and fat catabolism.	
Kidney,Bladder, Urethra **| Belly Button: Vital Energy 1-10**			
Pancreas,Islet of Langerhaus,Fat/ Leptin/ <R>Insulin/Resistin			
Stomach; Parietal Cells of Stomach: Hydrochloric Acid,PH, Duodenum, Hiatal Hernia, & Digestive Enzyme Imbalance			
Systems: Cardiovascular, Circulatory, Digestive, Excretory, Endocrine, Immune / <Auto Immune>, Integumentary, Metabolic, Muscular, Nervous, Organ, Respiratory, Reproductive, Sensory & Skeletal, Oxidation			
Lymph: lymph nodes, lymphatic ducts, lymphocytes, Lymph glands- such as Thymus, Spleen and Tonsils Triglycerides / Cholesterol Imbalance? / Uric Acid High		Low Temp: Check: Uncoupler Protein 2 (UCP2), ATP, 2,4-dinitrophenol (DNP), S/ L Chain Fatty Acids, "µM oleate", ADENYLATE CYCLASE - Enzyme	
Intestine: Lg./Sm., Para-Bowel, Bowel Flora, Rectum, ICV		**Other:**	
Digestion: Acids, Bile, Enzymes; **Enzyme Dysfunction**		Teeth, Tooth Root, Nerves & Gums	
Eyes: Cornea, Pupil, Iris, Lens, Anterior Chamber, Optic Nerve, Retina, Fovea, Vitreous, Choroid, Sclera, Ciliary muscle, Rods, Cones, Ocular muscles, Veins & Arteries, Rhodopsin protein, Melanocytes		Nerves, Nerve endings, Myelin Sheath, Neurones, Disease Nervie fibres: Dendrite, Axon, Neurolemma. Nerve Dysfunction Neuron Connections, Synapse, Nodes of Ranvier, End feet/Axon terminals, Nuclei, Ganglian Nerve,<Auto Immune>	
Coordination & Communication between Systems		Hair, Hair Root, Follicles, Sebaceous glands, Nail & Nail Beds	
Sexual: Female: Ovary, Fallopian Tubes, Cervix, Uterus, Vagina, Mammary, Hormones, Receptors, Labia, Clitoris Male System: Penis, Testes, Scrotum, Prostate, Hormones, Receptors, Prostaglandin, Chem. Processes: Nitric Oxide Corpora cavernosa, Corpus spongiosum		Muscles: Ligaments, Tendons, Smooth Muscle, Tone, Striated muscle, Cardiac muscle, Sarcolemma, Facial Sheath Muscle proteins: Actin and Myosin	
		Skin, Sweat Glands / Fat & Cellulite / Scar tissue; Adhesions	
		Sinuses, Cavities & Olfactory Senses | Fibroids / Cysts / Tumors	
Sympathetic and Parasympathetic Nervous System		Blood, Plasma, Arteries, Veins, Varicose Veins, Capillary	
Voice-box, Tongue & Esophagus		Bones, Bone Marrow, Facial Sheath, Joints, (TMJ), Vertebrae, Spine, Discs, **Spinal Fluid,** Osteoblasts, Connect: Cartilage & Ligaments, Periosteum, Haversian Canals, Endosteum, Cranium and Cranial Faults, Atlas Wedge: Base of Skull | Brain Stem **<R> Calcitonin**	
Ears: Auditory tube, Incus, Tympanic membrane, Malleus, Cochlear nerve, Stapes, Cochlea, Ear Drum, Eustation Tube (inc. Equilibrium/Balance Problems) Ear Wax (or lack)			
Meridians: Bladder / Urinary , Central , Gall Bladder , Governing Vessels / Conceptor Vessel , Heart , Lg. Intestine / Colon , Kidney, Liver , Pericardium / Circulation / Sex , Sm. Intestine / Colon / Spleen / Stomach / Triple Burner		Systemic Vaccine Damage | Pre-Birth Genetic Deficiency	
		Miasms / Genetic Predisposition: RNA / DNA, mtDNA ; Genetic Endocrine or Metabolic Predisposition Disorders ; Antibodies Diseases; Cancer, Tuberculosis, Nerve | Zone or Radiation Damage	

Mitochondrial Aging: **Free Radicals,** Zones, Leaky Mitochondrial Electron Transport causing Superoxide Radicals. Close Proximity of mtDNA to flow of superoxide radicals (or hydroxyl radicals), & it's lack of protection and repair mechanisms, leads to free radical mediated mutations & deletions. Mitochondrial aging has been proposed as an underlying cause of 1)free radical stress, 2)degenerative disease, 3)aging

CK: Hormonal / Chemical Production & Processes (M&F)- Assimilation Blocked, Desensitized, Resisted, Reversed, Receptors & Cites

Resistant: Core Minerals, Vitamins, EFA's, Amino Acids, Molecules, Chemicals, Proteins, Enzymes, Fats, Hormones, Receptors,Inhibitors

DETOX : After Clearing ALL Emotional Allergies: Check if Toxins need additional help in **DETOX** by: Homeopathics, Niacin, **FIR Sauna** therapy, Liver Cleanse with Oil and Lemon,Top'l Castor Oil w/Heat, Liq. Milk Thistle drops, Laser, AOX, Essential Oils, Nut. E/O's, Clays, Juicing, Scenar, Diatomaceous earth, DMSO, Enemas (Organic Coffee), Nutrition, Herbs, Chinese Herbs, P.Perm. Acupuncture, Cupping, Bach Flower / Australian Flower Remedies, Budwig Flax oil/Cottage Cheese, Gerson , Hoxey Therapies

Parasites (Ectoparasites),Worms, Spirochetes,Amoebas, Protozoa, Mites, Prions, Flukes	Check for Pollen, Mold, Candida Allergies
Check Cellular Memory: Stress and Starvation (Dieting).	**Ck: Iodine, Calcium, Protein, Fat (lipids),Glucose Metabolism**
Allergy to Mindset: Think'g Patterns & Thought Processes	Emotional Nervous System Allergy? (panic disorders)Chem.Process's
A hormone called B-type Natriuretic Peptide (BNP) is produced by an Overworked Stressed Heart.	**Edema:** Hyaluronic acid binds water

Table of Emotions: Check by Category © Jennifer Ruby & Dawn Brisco

Mind: Thoughts, Feelings, Attitudes

Anxious, Anxiety, Brooding, Confused, Daydream
Comprehension: Difficult, Poor/ Writes things Backwards
Unfocused/ Muddled Thinking/ Cant get thoughts written
Absent mindedness,Forgetfulness, Addictions:manykinds
Cannot Clarify or Define Thoughts, Procrastination
Failure to Learn from Experience, Pessimistic
Angry, Critical, Faultfinding, Hard to Please, Skeptical
Agitated, Irritable, Frustration, Irrational Thinking
Apathetic, Ambivalent, Boredom, No Creativity
Analytical: Left Brained, Unable to Show Emotion,
Sympathy, Compassion, Feeling Awkward
Moody, Emotionally Unstable: Right Brained
Excitement / Overly Excited / Frightfully overjoyed
Bad Memories: Obsessed by, fixated on, Brooding
Feeling Obligated, Put Upon, Lack or Loss of Confidence
Self Worth: Low Self Esteem, **Shame,** Resentful, Bitter
Physical, Emotional, Mental: Stress & Strain
Self Absorbed, Introspective, Selfish, Self Pitying
Workaholic, Driven, Self-Motivated,Destructive, Gloomy
Impatient, Impulsive, Obsessive/Compulsive , Compelled
Disappointed, Discontent, Discouraged, Distrust
Attitudes: Unhealthy
Compelled to Perfection, Neatness, Accomplishment
Careless Attitudes, Sloppy, Unclean, Care-Less
Depleted, Used up, Exhausted, Tired of Struggle
Stressed Out/ Burned Out/ Unable to Cope, or
Deal w/ Life's Challenges & Pressures
Discontented , Discouraged, 'Can't get it together'
Unaccountable, Unreliable, Undependable
Timid: Lack of Confidence
Negative, Self-Destructive Emotions- (i.e. I want to stay sick)

Talking / Behavior

Loquacity: Talks Incessantly
Muttering, Low & Incoherently, Loud Obnoxious Talking
Abnormal Laughter
Rapid Speech, Mannerisms
Fidgety, Constant Motion, Can't Stay Still

Pride/ False Pride/ False Humility

Aloofness, False Pride, Haughtiness, Arrogant
Egotistical , Dictatorial, Spiteful
Disdain Others, Scornful of Others Accomplishments
False Self Assurance
Pride: Wounded, Shame

Grief / Guilt / Anger / Depression

Anguish, Grief
Guilt / Resentment
Depression, Despair, Tearful, Melancholy
Devastation, Shock, Worry
Effects of hearing of Tragedy
Homesickness
Anger at Oneself
Quarrelsome
Suicidal, Disgust of Life, Pessimistic
Feeling like a Failure:My Life didn't count, make a difference
Stuck: Dwelling on Unpleasant Events / Regretful
Volatile: Ready to Explode
Yearning, Fretful : "Could Have, Would Have, Should Have"

Emotions From Others / To Others

Anger, Disgust, Frustration, Shame, Mortification, Galled
Affection or Love – Un-returned / Rejection
Lack of: Appreciation or Affirmation - **Defensive**
Betrayal / Disappointment / Guilt / Resentment/ **Hate**
Bullying, Condescension, Reprimanded
Criticism, Shame, Disdain, Disgrace, Disgust
Feeling Uncoordinated, Disjointed, Ungraceful, Gawky
Dishonored , Embarrassed, Humiliation, Remorse
Disillusionment, Betrayed Trust, Suspicious
Emotionally Repressed, Squashed, Controlled by Others
Manipulated by Others, Embarrassed
Vindictive, Destructive, Self Sabotage, Self Destructive
UnWorthy, Inability to Forgive Self or Others
Jealousy / Envious / Coveting
Conflict, Intense Frustration / Discouragement
Co-Dependent on Others
Inability to feel or Express Natural: Maternal / Paternal Love
Inability to feel or Express Natural Marital Bonding w/ Mate
Ungrateful, Unthankful: Thinks Generosity is owed
Beyond Redemption: Unable to be Loved or Forgiven
Passivity: Living one's Life Through Other's (Codependent)
Disproportionate Attachment to Others
Repressed Creativity or Natural Ability in lieu of Submission
Having never felt Cherished, Valued, or Loved for oneself
Scornful of Others Achievements
Resistant to Authority, Bitter, Resentful
Feeling "I have a Load to get off my Chest"

REVERSE EMOTIONS? Projected by Others Onto Us

Abuse/ Abused : Physical Or Emotional

Feeling Raped or Prostituted: Either Emotionally or Physically
Soiled, Used, Violated, Disposable, Intense Shame, Unworthy
Abused, Violent, Panic, Shock, Desperation , Violated
Dominated and Controlled by Others, Driven by Perfection
Performance Based Acceptance, Compelled to 'Perform'
Threatened, Under Duress, Vulnerable, No Choices, Options
Unfair / Unjust Treatment, Compelled to 'Measure Up'
Cruel, Harsh, Destructive: Verbally/ Physically
Rude, Obnoxious Behavior, Condescending, Bitter, Resentful
Unreal Expectations, Criticism, Never gets Approval
Vindictive Abuse with No Ability to Reason
Totally Devastated, Unable to Get Past Event, Hopeless
Still Connected with Tragedy: Defined by It
Trapped in Relationship, Position, Abuse

Abandonment, Loneliness, Change

Abandoned, Stranded, Alone, Deserted, Vulnerable
Apathetic, Indifferent to Others, Reluctant
Betrayal, Disillusionment, Felt "Thrown to the Dogs"
Ambivalent, Failure to Adapt or Adjust, Boredom
Change / Transitions: Hard to Deal With, Pessimistic
Confusion as to What to Do
No Motivation to Improve one's self: No Goals, Purpose in life
Dogmatic, Emphatic, Inflexible, Drained of Creativity
Idealistic, Overly Sentimental, Living in the Past
Loneliness, Isolated, Looking at life/relationships as an outsider
Paralyzed Will: Suppressed, Helpless to Change
Uncertainty, Worry, Overly Cautious, Insecurity, Unconnected
Resistant to Change: Learn Anything New, No Self Confidence
Procrastination

Fears

Anxiety, Worry, Fear, Despair, Shame
Apprehension: Fears of Unknown Origin, Distress
Failure, Loss & Deprivation
Dread, Impending Doom, Panic, Pessimistic
Fear: Irrational & Real, Paranoia
Hopeless, Futility, Worry
Feeling Inadequate, Unworthy, Frustration
Lack of Control Over Events, and Self
Loosing Control: Mental / Physical
Stifled, Stuck: No Life of Own
Suspicious, Suppressed – Mistrustful
Allergy to Attitudes towards Problems

Emotional Clearing of Emotionally Based Allergies © By Dawn Brisco

Supplies you Need:

1) BioPet / BioAid
2) 1 Vial Water (if reused for a period of time, add a few drops of Everclear Vodka in it to preserve it from bacteria)
3) List of Emotions (Page 1 of this Document)
4) The knowledge of how to Muscletest Yourself.
5) A "Bonger" is helpful, if you can find one to tap with. This is a rubber ball on a flexible spring steel strip attached to a handle. If you cannot find one, that's fine, use your fist to tap gently with.

Instructions:

First~

First determine overall Vital Energy, by checking Belly Button on a scale from 1 to 10. When any allergies are cleared and VE is brought up to a 10, the body will on it's own help to fix other problems, and make other items easier to fix.

Go through Organs, Glands, & Systems and make a list of Organs etc… that have emotions needing cleared. First ask How many Organs/ Glands/ Systems/ etc. need to be cleared or are Ready to be cleared today? Which is the First one… then muscle test down List of Organs, Glands & Systems (Page 1 of this Document) to find first one. Then find the second one, third one, etc….till you have the correct number you've muscle tested to be cleared today. How many emotions on each needs to be cleared?

Asking "Does *Kaytee* have any emotions in *brain* that need to be cleared? You should always ask yes or no questions. If yes, then prioritize it numerically on form, or on piece of paper.

After you have your list, and have it prioritized on your List of Organs… page, it should reflect the priority similar to the following:

Brain 1st	3 emotions	needing 400 frequencies
Stomach 2nd	2 emotions	needing 230 frequencies
Ears 3rd	1 emotion	needing 120 frequencies
Kidney 4th	2 emotions	needing 280 frequencies
Liver 5th	4 emotions	needing 2500 frequencies

Second~

Take the first organ on your list, muscle test to see how many emotions need to be cleared on this organ, then 'how many frequencies needed to fix this organ' emotion. (I have seen anywhere from 10 to 2000 frequencies) Use one of your paper rectangles and write it out or type it to say:

Kaytee Brisco,
Born 8/20/92
needs *400* frequencies
to fix allergies in her brain
to be 300% healthy.

I've been asked, "Why 300%?" I believe it needs to be this way, as we are a Triune being: Body, Soul, and Spirit. These emotions effect all three and thus, we need to make sure that we are clearing all emotions on each level, to be 300%.

Third~

Look through the list of wording on Metabolism & Enzyme Dysfunction Chart, and carefully work out your wording to best express what you're trying to clear, and what you want done. Wording is Vitally Important. You now cut out the rectangle, and write your carefully worded remedy on paper. Put the blank Vial of Water on the OUT side of the BioPet/ BioAid, with the rectangular paper on the IN side of the BioPet / BioAid. If charging on the BioPet vs BioAid, you will need to Charge it by pushing button 3 times on Copy setting.

Fourth~

If you are clearing an organ, you will need to hold the frequency vial on to the organ and, hold your forehead with the other hand at the same time. For instance, for Kaytee's brain, I had to ask which part of her brain; frontal, back, right or left? (We had to hold to the Left Upper Side of Brain)

If it were her eyes, or ears, you would ask which side, Right or Left, to hold the vial to. Now, if it was the Blood, Bone, Muscle, or a System, then there is no special place to hold, so you would need to ask "Do I need to hold a particular spot, or is it ok for her to hold it in her hand only? Does it matter if it's left or right hand?" (From my experience, if there is no organ, then just holding it in your hand is fine, but it is wise to muscle test and make sure).

Fifth~

Now you are ready to clear the emotion on the Organ/Gland, etc.. I previously had learned using the NET charts, but have found so many more emotions, and different organs, glands etc… that seem to be implicated with many more emotions than they had listed, that I have expanded it into the system I've now developed and am sharing with you here.

I have learned to check with my fingers, and am able to stick out my pinky finger to touch whatever I am checking like vitamins, or food, or whatever. This is very handy, and everyone should try to learn this to be less dependent on others; to check for themselves. So, I am checking and I'm also touching with my pinky finger on the first set of emotions, which is: Mind, Thoughts, Feelings, and Attitudes.

SO I start going through the first set of emotions and muscle test, "Is it this?" And I keep going until I find what muscle tests to say yes. Then I find the Specific emotion using this technique.

Say, I'm muscle testing on the liver, I may find in the second column, second section down:
Emotions From Others/ To Others; and muscle test - that tests to be the first line - Anger. Is it specifically Anger, or Frustration? If you muscle test yes, you have client hold the Liver with one hand, and forehead with other hand, and verbally repeat the emotion you're clearing, saying "Frustration"- all the while tapping , beginning at Top Frontal part of the Forehead, Front of Skull, Top of Skull, working down to Cranium where it meets the Spine, then down to bottom of Tailbone, repeating the emotion the whole time. This does not have to be a hard tapping, just a firm tapping with bonger, or closed knuckles of prominent hand. It's easiest to use a Bonger (a rubber ball on flexible metal strip attached to handle. A lot of health food stores carry these, sometimes 2 to a box, Or you can call 1-800-845-6202 and order by phone.) You can also just tap gently with closed fist using knuckles, in a straight line.

Once is normally the correct number of times you need to tap, but I always ask first to make sure. "Is this cleared and completely done? Are all the emotions completely cleared in this organ?" If so, then you start with next emotion in priority order. Sometimes it is only 1 emotion per organ, gland, system, etc… but sometimes this is so congested that I find 20 emotions, so you have to keep going, until all emotions show to be cleared, and no more emotions show up on the list to clear for this organ. You will have to skip around on the list, so after you clear one, start again at the beginning, until the whole list for today is cleared for all organs, glands, systems, etc. Eventually, you will learn the categories that the different emotions are located, be able to sense things, and this will be a lot less confusing.

Each time, clear vial (BioPet/ BioAid does this automatically when device is turned off, then turned back on, if vial is already sitting on the OUT plate.) As long as you turn power off and then back on again- with vial sitting on Out plate, you can continue to clear and reuse this same vial indefinitely.

I wish you good success in clearing emotional baggage, and emotional allergies. The relief to be found is profound peace, restoration and vitality. Yes, It does take some practice. Do not give up after the first couple times you try this. It's worth the effort you put into learning this system.

If you have been extremely unhealthy, and have more problems than the average person, clearing emotions will take you down to the root core problem, and it is possible you will still need to fix that core problem. If this is the case refer back to Energy Balancing Evaluation Sheet and begin by asking how many things you need to do to fix this problem. There is a second sheet, a worksheet that you can organize this on. Of Course, Detox is very important when clearing emotions. Your body may need some help beyond water to do this efficiently.

God bless you in your efforts.
Dawn Brisco