~ Key Command Words to use ~

Separately and in Combination

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What word best describes what you want to do, and what word combination best describes what your purpose is in doing it:

i.e. Jane Doe, born 1/1/01, needs 1037 frequencies to clear resistance to Iodine absorption, and reactivate it's availability in Thyroid Gland to energize it to be 300% healthy.

As you can see, I've used SEVERAL words together to synergistically energize my remedy's vitality, and up the thyroid's resources to improve health.

Absorption	Exhausted / Renew / Restore -Vitality	Normalize
Accelerate	Enzyme / Enzyme Action	Optimize / Normalize
Access / Embrace / Resist	Feed / Digest / Assimilate / Enrich	Optimum Levels
Activate	Fix …	Organize
Adjust	Fortify	Oxidize
Allergy to (organs, glands, hormones)	Generate / Regenerate	Raise / Lower PH
Appropriate	Heal	Rebalance / Reactivate
Assimilate	Heat / Cool	Recall
Balance	Hormone Resistant, or Resistance	Receptive to … ? Iodine? Etc…
Begin / Change	Ignite	Recognize
Bind up / Bound up (non access to)	Imbalances of / Inadequate	Recharge
Break up	Implant / Impregnate	Reduce / Maximize / Regulate
Burn Up / Cut off	Improve	Regenerate / Re-grow
Charge	Increase / Decrease / Balance	Regulate
Cleanse / Clear / Flush out / Purify /	Indifferent / Partial / Insufficient Vitality	Release
Cognizant	Inhibit, or Hormone Inhibitors	Repair
Counter-productive	Impaired Ability to Absorb/Convert	Re-sensitize!
Cover / Coat	Instigate / Institute	Resistance to
Decongest	Invigorate	Restore / Relax / Revitalize
Deficiency of / Excess of:	Kill off : Bacterial / Viral / Fungal /	Set
Deflate, Dissolve, Dehydrate	Candida / Spirochetes/ Parasites / Worms	Sensitize
Desensitize	/ Amoebas / Mites / Protozoa	Start / Begin
Detoxify	Metabolize	Stimulate / Speed up / Dynamic
Digest / Digestion / Assimilation	Mobilize	Stop: Making, Producing, Manufacture'g
Displace	Modify/Set Dominance	Suppress / Un-suppress
Effectively Communicate, Utilize	Neutralize	Synergistically Utilize
Emotional Allergies: of, on, about, from,		Unleash / Unbind
Energize		Utilize Effectively
Establish Dominance		Vital / Vitality / Vital Energy
Exchange		

As you find other additional words to use which are description commands words or action words, please add to this list, and send me a copy of any additional words you feel best helpful to you and your patient/client/family members. Send update to ruby@rubysemporium.com

Clearing Emotions, Organs, Glands, Systems or Allergies- Worksheet

Patient / Client Name_____❖B. Date:___/___/___❖Basal Temp. :_____L / H ❖ Blood Pressure:___/___
Begin by muscle testing *How Many* Organs, Glands, Systems, Including Nerves, Fat and Cellulite, Brain, Bones, Lymph, etc. need or are Ready to be cleared ~This Go Round. ❖Today's Quota:_____ # 1,2,3 by Priority ❖ Ck: Sleep Disorders? Y / N ❖ Vital Energy ____
How many procedures past clearing emotions are needed to clear each one? How many parts to each procedure? Check against the List of Organs, Glands & System Chart, noting priority in shaded box. Muscle test the first Organ / Gland's Emotion, and what other procedures are additionally involved. Work from top priority to bottom priority. You may find you have more Items, or Procedures or Parts…Add +/- accordingly. This can be a combination of Allergies, Infections, Killing off something, Giving a Nutritional Supplement to feed and support, Homeopathic Remedy, Cell Salts, Flower Remedy, Therapy Treatment, Rife Frequency or Essential Oils, Detox, etc.

1st Item to be cleared_:_____	**2nd Item** to be cleared_:_____
How many emotions on this item:_____Emotions:_____	How many emotions on this item:_____Emotions:_____
How many procedures past clearing emotions do I need to do?	How many procedures past clearing emotions do I need to do?
# Frequencies needed to clear **1st** Emotion_____	# Frequencies needed to clear **1st** Emotion_____
Wording:	**Wording:**
Did it completely clear?No? Keep tapping, repeat emotion clear'g	Did it completely clear?No? Keep tapping, repeat emotion clear'g
# Frequencies needed to clear **2nd** Emotion_____	# Frequencies needed to clear **2nd** Emotion_____
Wording:	**Wording:**
Did it completely clear?No? Keep tapping, repeat emotion clear'g	Did it completely clear?No? Keep tapping, repeat emotion clear'g
# Frequencies needed to clear **3rd** Emotion_____	# Frequencies needed to clear **3rd** Emotion_____
Wording:	**Wording:**
Did it completely clear?No? Keep tapping, repeat emotion clear'g	Did it completely clear?No? Keep tapping, repeat emotion clear'g
Other Procedures to make organ 300%:	Other Procedures to make organ 300%:
3rd Item to be cleared_:_____	**4th Item** to be cleared_:_____
How many emotions on this item:_____Emotions:_____	How many emotions on this item:_____Emotions:_____
How many procedures past clearing emotions do I need to do?	How many procedures past clearing emotions do I need to do?
# Frequencies needed to clear **1st** Emotion_____	# Frequencies needed to clear **1st** Emotion_____
Wording:	**Wording:**
Did it completely clear?No? Keep tapping, repeat emotion clear'g	Did it completely clear?No? Keep tapping, repeat emotion clear'g
# Frequencies needed to clear **2nd** Emotion_____	# Frequencies needed to clear **2nd** Emotion_____
Wording:	**Wording:**
Did it completely clear?No? Keep tapping, repeat emotion clear'g	Did it completely clear?No? Keep tapping, repeat emotion clear'g
# Frequencies needed to clear **3rd** Emotion_____	# Frequencies needed to clear **3rd** Emotion_____
Wording:	**Wording:**
Did it completely clear?No? Keep tapping, repeat emotion clear'g	Did it completely clear?No? Keep tapping, repeat emotion clear'g
Other Procedures to make organ 300%:	Other Procedures to make organ 300%:
5th Item to be cleared_:_____	**6th Item** to be cleared_:_____
How many emotions on this item:_____Emotions:_____	How many emotions on this item:_____Emotions:_____
How many procedures past clearing emotions do I need to do?	How many procedures past clearing emotions do I need to do?
# Frequencies needed to clear **1st** Emotion_____	# Frequencies needed to clear **1st** Emotion_____
Wording:	**Wording:**
Did it completely clear?No? Keep tapping, repeat emotion clear'g	Did it completely clear?No? Keep tapping, repeat emotion clear'g
Frequencies needed to clear **2nd** Emotion_____	# Frequencies needed to clear **2nd** Emotion_____
Wording:	**Wording:**
Did it completely clear?No? Keep tapping, repeat emotion clear'g	Did it completely clear?No? Keep tapping, repeat emotion clear'g
# Frequencies needed to clear **3rd** Emotion_____	# Frequencies needed to clear **3rd** Emotion_____
Wording:	**Wording:**
Did it completely clear?No? Keep tapping, repeat emotion clear'g	Did it completely clear?No? Keep tapping, repeat emotion clear'g
Other Procedures to make organ 300%:	Other Procedures to make organ 300%: