

HER CHORE LIST



PLEASE DO NOT LET THE LENGTH OF THE LIST SCARE YOU OFF!

I PROMISE THAT IT IS NOT AS BAD AS IT SEEMS. THIS IS A GREAT SYSTEM AND IT WORKS IF YOU DO YOUR CARDS. YOUR HUSBAND WILL BE SO SURPRISED WITH THE RESULTS AND SO WILL YOU. KEEP IN TOUCH WITH OUR GROUP. IT IS A GREAT NEIGHBORHOOD. KINDA LIKE CLEANING HOUSE WITH YOUR BEST FRIEND.

I. HOMEMAKING GOALS

A. WEEKLY

- 1. COMPLETE JOBS THROUGHOUT HOUSE QUICKLY**
- 2. FOCUS ON DEEP CLEANING ONE AREA**
- 3. CHANGE FOCUS EACH WEEK**

B. MONTHLY

- 1. DEEP CLEAN ALL AREAS OF HOME**
- 2. ESTABLISH ONE NEW HABIT**

C. LONG RANGE

- 1. KEEP UP WITH LARGE TASKS INVOLVED IN RUNNING A HOME**
- 2. ESTABLISH A ROUTINE FOR KEEPING HOME IN GOOD WORKING ORDER**

II. SAMPLE SCHEDULES

A. WEEKLY

- 1. MONDAY WEEKLY JOBS/FOCUS CLEAN**
- 2. TUESDAY FREE DAY**
- 3. WEDNESDAY PAPERWORK/ MISC**
- 4. THURSDAY ERRANDS/ GROCERY DAY**
- 5. FRIDAY FOCUS CLEAN**
- 6. SATURDAY FAMILY DAY**
- 7. SUNDAY RENEW YOUR SPIRIT/ FAMILY DAY**

B. MONTHLY FOCUS

1. 1ST WEEK FOCUS KITCHEN
2. 2ND WEEK FOCUS LIVINGROOM DININGROOM
3. 3RD WEEK FOCUS BATHROOMS
4. 4TH WEEK FOCUS BEDROOMS.

C. SEASONAL TASKS

1. WINTER DEJUNK HIDDEN AREAS
2. SPRING SPRING CLEAN
3. SUMMER YARD, GARDEN, GARAGE
4. FALL WINTERIZE AND HOLIDAY FIX-UP

III. COLOR CODING

- A. YELLOW CARDS DAILY
- B. BLUE CARDS WEEKLY
- C. GREEN CARDS MONTHLY SEASONAL
- D. PINK CARDS PERSONAL

IV. YELLOW CARDS DAILY DUTIES

A. KITCHEN (YOU CAN PUT ON ONE CARD OR SEVERAL CARDS)

1. DISHES /FILL DISHWASHER/ EMPTY DISHWASHER
2. SCOUR SINKS/POLISH FAUCETS
3. SHAKE AREA RUGS
4. WIPE OFF DISHWASHER
5. WIPE OFF MICROWAVE
6. WIPE OFF STOVE
7. WIPE OFF COUNTERS
8. WIPE OFF CHAIRS
9. WIPE OFF TABLE
10. SWEEP FLOOR/DAMP MOP/ OR VACUUM
11. EMPTY TRASH/ TAKE OUT RECYCLABLES

B. BATHROOM

1. CLEAN SINK
2. CLEAN TUB
3. CLEAN TOILET
4. POLISH FAUCETS
5. SHAKE AREA RUGS

C. BEDROOMS (CARDS FOR EACH BEDROOM, ONE OR MANY CARDS)

1. MAKE BED
2. SHAKE AREA RUGS
3. CLOSE CLOSET DOOR
4. FEATHER DUST

D. LIVINGROOM/DININGROOM

1. DISPOSE OF DAILY NEWSPAPERS
2. DISPOSE OF JUNK MAIL/FLYERS
3. FEATHER DUST
4. TIDY TIME (5 OR 10 MINUTES BEFORE BED)

IT IS SO NICE TO GET UP TO A CLEAN HOUSE.

V. BLUE CARDS WEEKLY DUTIES

A. KITCHEN

1. SCRUB FLOOR
2. WASH AREA RUGS
3. CLEAN OUT REFRIGERATOR
4. REPLACE FOIL ON DRIP PANS

B. BATHROOM (CARDS FOR EACH BATHROOM)

1. POLISH MIRROR
2. EMPTY TRASH
3. MOP FLOOR
4. CHANGE VACUUM BAG (HERE IS AS GOOD A TIME AS ANY)

C. BEDROOMS (CARDS FOR EACH BEDROOM)

1. CLEAN MIRROR
2. VACUUM CARPET
3. DUST
4. CHANGE SHEETS

D. LIVINGROOM/DININGROOM/FAMILY ROOM (CARD FOR EACH)

1. DUST FURNITURE
2. VACUUM CARPET
3. CLEAN MIRRORS
4. CULL OLD MAGAZINES

E. PAPERWORK/MISC. DUTIES

1. PLAN MENU
2. CLIP COUPONS
3. FILE
4. WRITE LETTER/CARDS
5. CLEAN OUT PURSE
6. WATER PLANTS
7. POLISH SHOES/MEND CLOTHES
8. PET CARE
9. CLEAN OUT CAR
10. LAUNDRY (COULD BE A DAILY YELLOW CARD)
11. STRAIGHTEN LAUNDRY ROOM
12. ERRANDS
 - a. GROCERY
 - b. LIBRARY
 - c. POST OFFICE

VI. GREEN CARDS MONTHLY/SEASONAL

A. KITCHEN

1. EMPTY REFG/CLEAN THOROUGHLY
2. CLEAN MICROWAVE INSIDE AND OUT
3. CLEAN STOVE
4. WASH CANISTER/KNICK-KNACKS
5. STRAIGHTEN DRAWERS/CUPBOARDS
6. WIPE FINGERPRINTS OFF WALLS
7. WASH INSIDE WINDOWS
8. CLEAN FAN
9. WASH CURTAINS
10. SCRUB DOWN WALLS
11. SHAMPOO CARPET
12. CLEAN LIGHT DIFUSING BOWLS
13. CLEAN DRIP PAN UNDER REFG.

B. BATHROOM

1. WASH AREA RUGS
2. SCRUB/WAX FLOOR
3. STRAIGHTEN DRAWER/CABINETS
4. CLEAN SHOWER STALL/DEMOLD
5. WASH /REPLACE SHOWER CURTAIN

C. BEDROOMS

1. POLISH FURNITURE
2. STRAIGHTEN DRAWERS/CLOSETS
3. CLEAN COBWEBS
4. WASH MATTRESS PAD/DUST RUFFLE
5. FLIP MATTRESS
6. WASH CURTAINS
7. WASH WINDOWS

D. LIVINGROOM/DININGROOM/FAMILYROOM

1. CLEAN UNDER CUSHIONS
2. POLISH FURNITURE
3. STRAIGHTEN CLOSETS/DRAWERS
4. WASH ORNAMENTS AND WHAT-KNOTS
5. CLEAN COBWEBS
6. WIPE FINGERPRINTS FROM WALLS
7. MOVE FURNITURE AND VACUUM
8. CLEAN WINDOWS
9. WASH CURTAINS.
10. SHAMPOO CARPET

E. PAPERWORK/MISC DUTIES

1. GETHER UP TAX STUFF (MONTHLY)
2. CHECK FURNACE FILTER
3. REPLACE SMOKE ALARM BATTERIES (SPRING & FALL)

VII. PINK CARDS PERSONAL (DAILY, WEEKLY, MONTHLY, SEASONALLY)

A. PERSONAL HYGIENE DAILY

1. GET DRESSED (ALL THE WAY TO SHOES)
 - a. MAKEUP
 - b. FIX HAIR
2. DRINK WATER
3. TAKE VITAMINS
4. MEDITATION TIME 10 MIN

B. OTHER PERSONAL CARDS

- 1. GET HAIRCUT**
- 2. GIRLS NIGHT OUT**
- 3. RENT A CHICK FLICK**
- 4. CALL A FRIEND**
- 5. GIVE HUSBAND A KISS (DAILY)**
- 6. BE ROMANTIC**
- 7. PLAN A DATE NIGHT**
- 8. CHECK PERSONAL PLANNER FOR NEXT DAY ITEMS**
- 9. MAKE APPOINTMENT FOR PHYSICAL EXAM/MAMMOGRAM**
- 10. GET FLU SHOTS**
- 11. STICK A LOVE NOTE IN HUSBANDS LUNCH/CAR/PLANNER**
- 12. BUY YOURSELF A FLOWER**
- 13. DO IT NOW!!!**